

Proud to
be training
MHFAiders®

Mental Health First Aid Training Courses



PLANNING

We make training MHFAiders® easy. We will guide you through the process.

DELIVERY

We can deliver Mental Health First Aid Training courses in a setting to suit you, in person or online.

OR you can access one of our public courses.



SUPPORT

Support is on hand throughout the training & beyond and with the MHFAiders Support App®.



Contact us



Phone Number
0121 608 8001

Public Courses



training@birminghammind.org

Workplace Courses



www.birminghammind.org

WORKPLACE TRAINING

We understand the significant value of investing in the mental wellbeing of all employees. With over 60 years of experience, we have developed a wide range of training and support materials designed to enhance mental wellbeing in the workplace.

We also offer Marketplace taster sessions and consultancy services tailored to your needs.



**STAFF MENTAL HEALTH
& WELLBEING COURSES**



**LINE MANAGER
COURSES**



**WORK WITH SCHOOLS,
COLLEGES & COMMUNITY
GROUPS**

We do not receive external funding to deliver our training and workshops, so we do charge for the services we provide. All income generated from our training is reinvested directly into our services, enabling us to support and reach more individuals in need.

If you're interested in learning more about our pricing or how we can help create a mentally healthy workplace, please contact us for further details.

CONTACT US



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