



Bullring Hub FESTIVE Timetable: 22nd December 2025 - 2nd January 2026

BULLRING & Grand Central

Grand Central Second Floor, Link Street, Birmingham B5 4BS





FESTIVE TIMETABLE

Date	Session	Time		
Monday 22 nd December 2025	Mental Health & Wellbeing Drop-in	12:00 - 2:30		
	Mental Health & Wellbeing Drop-in - Games and quizzes	10:30 - 11:30		
Tuesday 23 rd December 2025	Unravel Crochet & Knitting Group - Make your own Christmas decorations.	12:00 - 2:00		
	Cranstoun Housing Advice	2:00 - 3:30		
CHRISTMAS EVE	Christmas Workshop Discussing Navigating Loneliness & Expectations During the Holiday Season	11:00 - 1:00		
3064	Christmas Movie - bring your snacks!	1:30 - 3:30		
CHRISTMAS DAY	CLOSED			
BOXING DAY	Women's Talk and Support	11:00 - 12:30		
	Mental Health & Wellbeing Drop-in - Christmas games/quizzes	1:30 - 3:30		
Saturday 27 th December 2025	Mental Health & Wellbeing Drop-in - Christmas games/quizzes	10:00 - 2:00		
Monday 29 th December 2025	Mental Health & Wellbeing Drop-in	12:00 - 2:30		
Tuesday 30 th December 2025	Mental Health & Wellbeing Drop-in - Games and quizzes	10:30 - 11:30		
	Unravel Crochet & Knitting Group	12:00 - 2:00		
NEW YEARS EVE	New Year's Eve Mental Health & Wellbeing Drop-in	11:00 - 1:00		
	Candle Decorating Workshop	1:30 - 3:30		
NEW YEARS DAY	CLOSED			
Eriday 2 nd January 2026	Women's Talk and Support	11:00 - 12:30		
Friday 2 nd January 2026	Mental Health & Wellbeing Drop-in - Mindfulness Colouring	1:30 - 3:30		









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BULLRING & GRAND CENTRAL



WHAT'S HAPPENING IN THE COMMUNITY:

Day	Community Services	Phone	Time	Address
CHRISTMAS DAY	Handsworth Hub	0121 262 3555	10:00 am - 2:00 pm	9 Park Avenue, Hockley, Birmingham, B18 5ND
CHRISTMAS DAY	Beechcroft Hub	0121 262 3555	11:00 am - 2:00 pm	Beechcroft Hub, 501 Slade Road, Erdington, Birmingham, B23 7JG
NEW YEARS DAY	Handsworth Hub	0121 262 3555	10:00 am - 2:00 pm	9 Park Avenue, Hockley, Birmingham, B18 5ND
NEW YEARS DAY	Beechcroft	0121 262 3555	11:00am - 3:00 pm	Beechcroft Hub, 501 Slade Road, Erdington, Birmingham, B23 7JG

HELPLINE NUMBERS:

Services	Phone	Time	Mode
Birmingham Mind Helpline	0121 262 3555	9:00 am - 11:00 pm	Phone calls, web chat and email
Samaritans	116 123	24/7	Phone call
Papyrus	08000 684141	24/7	Phone calls
Shout	85258	24/7	Text/phone call

Find out more

Scan the QR Code to head to our website where you can make a referral, view other hubs timetables and get in touch.







