

## CIM Summary Jul24

*Date* 18/07/2024  
*Time* 1200 – 1415  
*Present* James, Mustak, Vicky, Yvonne

*Apologies*  
Sabika

*Minutes from last time*  
Approved without amendment.

### *Matters Arising & Action Log*

- Vicky would like to join the Innovations Fund panel as SU Representative
  - Feedback on outcomes from Innovations Fund project DANNY
- SU involvement in recruitment
  - Not shared
  - Connect those that have had the training with the recruitments that we are doing
  - Yvonne has done the training: also Matt (left), Eileen (not sure)
  - Speak with Ops Mgrs and Roz on this JAMES

### *Away Day*

- Confirm venue and timings MICHELLE
  - St Germain
  - Thursday 22<sup>nd</sup> August
  - 1000 – 1600
- The meeting agreed outline content and structure, which will be shared after the CIM meeting by James. JAMES
- Need to know expenses arrangements so James will find out JAMES
- Need Michelle to be present throughout MICHELLE

### *AN Award*

- It is to recognise outstanding contributions to empowering the voice of others
- Criteria
  - Form with criteria in them for nominations that link to the decision-making criteria
  - Form asks at least ‘Why have you nominated this person?’
- Nominations
  - From service users, staff, volunteers.
- Categories agreed were:
  - Service user award
  - Staff member award

- Service award
- Bronze, silver, gold categories? Decided against as introduces much more complexity
- Panel
  - A mix of people: 3 – 5 people
  - Staff and service users
  - CIM member is essential
- Decision-making
  - Longlist (if lots of nominations)
  - Shortlist and decision (not voting as open)
- Communicate who has been nominated, or at least let them know directly (potentially along with line manager)
- Highlight the nomination period through poster, email, intranet
- When do we make the award: annually.

### *Mind Associates*

- Suicide prevention event September at the Bullring
  - Selly Oak event
  - Big Sainsburys at Harborne: spoke to 1,000 people. Covered adults, C&YP.
    - Feedback: police said this is great, HR manager at UoB said there's nothing like this that they do.
    - A lot of engagement
  - Andrew and Vicky thinking of doing something similar at the Bullring
    - Talked with shops on suicide. Some were shocked but others, who had worked there longer, had seen suicides at the Bullring (Dep Mgr at Bullring)
    - Would like to put on an event
    - Vicky's company that she works for would be interested in being a part of this. There may be some funding for this
- LGBTQ+ as a workstream to tackle stigma in MH
  - Police not understanding the stigma on MH and LGBTQ+
  - Open mic night is part of the Mind Associates work and helps to share messages, highlight problems, and break down barriers
- Mustak: wait for next P&I and then see what we do
- Important that we have a pot of money for people to apply to for Mind Associates events
- Events pot of money is needed:
  - Up to £300 was the MA work and it was up to £500 with Time to Change
- How do I contact the MA network?
- How many are there?
  - Sabika, Fharhuna, Mustak, Yvonne, Vicky
  - Emma Mark (social worker): Mustak will make introduction to me
  - Sandra at Catalysts for Change: Mustak will make introduction to me
  - Someone called Bobby used to do podcasts

