CIM Summary Jul24

Date 18/07/2024 Time 1200 – 1415

Present James, Mustak, Vicky, Yvonne

Apologies Sabika

Minutes from last time

Approved without amendment.

Matters Arising & Action Log

- Vicky would like to join the Innovations Fund panel as SU Representative
 - Feedback on outcomes from Innovations Fund project DANNY
- SU involvement in recruitment
 - Not shared
 - Connect those that have had the training with the recruitments that we are doing
 - o Yvonne has done the training: also Matt (left), Eileen (not sure)
 - o Speak with Ops Mgrs and Roz on this

JAMES

Away Day

Confirm venue and timings

MICHELLE

- o St Germain
- o Thursday 22nd August
- o 1000 1600
- The meeting agreed outline content and structure, which will be shared after the CIM meeting by James.
- Need to know expenses arrangements so James will find out

 JAMES
- Need Michelle to be present throughout
 MICHELLE

AN Award

- It is to recognise outstanding contributions to empowering the voice of others
- Criteria
 - o Form with criteria in them for nominations that link to the decision-making criteria
 - o Form asks at least 'Why have you nominated this person?'
- Nominations
 - o From service users, staff, volunteers.
- Categories agreed were:
 - o Service user award
 - o Staff member award

- Service award
- Bronze, silver, gold categories? Decided against as introduces much more complexity
- Panel
 - o A mix of people: 3 5 people
 - Staff and service users
 - o CIM member is essential
- Decision-making
 - o Longlist (if lots of nominations)
 - Shortlist and decision (not voting as open)
- Communicate who has been nominated, or at least let them know directly (potentially along with line manager)
- Highlight the nomination period through poster, email, intranet
- When do we make the award: annually.

Mind Associates

- Suicide prevention event September at the Bullring
 - Selly Oak event
 - o Big Sainsburys at Harborne: spoke to 1,000 people. Covered adults, C&YP.
 - Feedback: police said this is great, HR manager at UoB said there's nothing like this that they do.
 - A lot of engagement
 - o Andrew and Vicky thinking of doing something similar at the Bullring
 - Talked with shops on suicide. Some were shocked but others, who had worked there longer, had seen suicides at the Bullring (Dep Mgr at Bullring)
 - Would like to put on an event
 - Vicky's company that she works for would be interested in being a part of this. There may be some funding for this
- LGBTQ+ as a workstream to tackle stigma in MH
 - o Police not understanding the stigma on MH and LGBTQ+
 - o Open mic night is part of the Mind Associates work and helps to share messages, highlight problems, and break down barriers
- Mustak: wait for next P&I and then see what we do
- Important that we have a pot of money for people to apply to for Mind Associates events
- Events pot of money is needed:
 - o Up to £300 was the MA work and it was up to £500 with Time to Change
- How do I contact the MA network?
- How many are there?
 - o Sabika, Fharhuna, Mustak, Yvonne, Vicky
 - o Emma Mark (social worker): Mustak will make introduction to me
 - o Sandra at Catalysts for Change: Mustak will make introduction to me
 - o Someone called Bobby used to do podcasts

- o Fatemah at the Bullring worked closely with Mind Associates
- o Mark (CIM) is a Mind Associate
- o Perhaps 10 or 12 people
- o COVID changed it a lot
- Sunday at Bullring
 - o Often just Vicky, and possibly Mustak, Yvonne, and more lately Sabika and Fharhuna
 - o All agreed this would be better Monday to Friday
 - o Can be remotely but all prefer face to face
- James shared the timings for resuming the Mind Associates work
 - Expect January 2025 for a new plan to start, as this will give time for the new P&I Lead to be inducted and meet with CIM and Mind Associates and agree more of the detail of the plan
 - o Interim: any events already booked that are free or funded will continue

Ops Report

- Participation
 - Mustak will share the research from UoB on psychiatrist letter that a certain amount can be earnt without compromising benefits
 MUSTAK
- Peer Leads:
 - o A number of Peer Leads are not happy with the changes to Peer Leads
 - o A number of Peer Leads have resigned
 - o Yvonne shared that Peer Leads wanted to ask: "why weren't Peer Leads invited to take part in the work on this?"
 - James responded, saying the reason was that, on looking into the law for volunteering and for employment, that the Peer Lead activities as they were covered

Rental Income Policy

- James shared the key points of the Rental Income Policy.
- CIM agreed with the careful and supportive approach to tenant debt and agreed with the policy and its approach.

AOB

• James shared a questionnaire response on PIP changes for reading and feedback

END OF MEETING