








	MON	TUE	WED	THU	FRI
	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM
MORNING	DROP IN FROM 10AM	11:00-13:00  UNRAVEL: CROCHET & KNITTING GROUP 	10:00 - 11:30  EMPLOYMENT SUPPORT  <b>shaw trust</b>  BI WEEKLY	DROP IN FROM 10AM	10:30 - 12:30  WOMEN & CHILDREN SUMMER CRAFTY DROP IN 
AFTERNOON	14:00 - 16:00  ADDICTION SUPPORT & ADVICE  <b>aquarius</b> BI WEEKLY	DROP IN UNTIL 4PM	15:00 - 16:00  MEN ONLY HEALTH SESSIONS   DROP IN FOR MEN'S MENTAL AND PHYSICAL HEALTH PEER SUPPORT	10:00 - 16:00 Last Thurs of the month Women's Trauma Sessions  17:30 - 19:00 First Thurs of the month Mens Domestic Abuse and Sexual Trauma Sessions 	13:30 - 15:30  MENTAL HEALTH WORKSHOPS   UNTIL 16TH AUGUST