



Central Improving mind

Minutes of Meeting

13th April 2023 12.00pm Graham Street/Zoom

Apologies: MG JB

Present: JB AN EM SR MW MH MT MA MZ (**chair**)

In attendance: MM DM JZB

Minutes: MB

Previous Meeting Minutes:

Page 2 – SB should be SR

Page 2 – Amend that no one is currently representing the Estates Committee.

Action Sheet:

- 1 – Volunteering opportunities - We were hoping to have Suki and Marion attend the meeting but this has not been possible for this meeting. They will be invited to the next meeting. – Ongoing.
- 2 – Volunteer Strategy - JB/MB will email the group now it has been signed off by Exec.
- 3 – Estate Committee - We need a volunteer to put themselves forward to represent this committee.
- 4 – Expenses Process - A flowchart is to be created to give more explanation of the expenses process.
- 5 – Beechcroft Building Plans – AN to email Shaz.
- 6 – Nicholas Taylor – NT to be invited to the May CIM meeting.
- 7 – Service User Conference Video – Being created by RM. – Closed.

Matters Arising:

No matters arising.

Organisational Updates

Sycamore Lodge – Due to be closed due to issues with the environment



and the home requiring significant modernisation and financial investment.

All residents are in the process of going through care leads assessment by social services in order for them to be moved.

MZ and AN have been involved in residents' meetings as advocates, with one resident expressing interest in being more involved in Birmingham Minds events and activities. The residents report that they feel their views are being taken into account and are being represented. Staff are also being supported to find alternative employment within Birmingham Mind.

Governance.

The most recent Health and Safety meeting was attended by MA and RN.

The Executive committee will be taking place next week; the new Business Plan will be submitted. A summary of the business plan will be brought to the CIM meeting. **JB**

The next Clinical Governance meeting will take place in May.

We have now appointed the new Director of Operations – James Harper who will be joining us in early June. There will be a handover where he will come to meet staff and the CIM group.

Peer Mentoring – Danielle Murinas.

DM discussed the Peer Mentoring programme. There are 8 individuals that have recently been employed as Peer Mentors.

They will be working across VAS, Supported Accommodations and Intensive Community Rehabilitation services.

There was a lot of interest in the roles and it was a successful recruitment drive. The new staff are going through their induction checks and training.

We are working with the Business Department regarding policies and ensuring we have a smooth transition.

MH and JB have discussed whether a 'Welcome to Mind – Mind Mapping' meeting could be arranged which would involve an introduction to CIM. **JB DM AN**



AN suggested that CIM members could be involved in the training process.

There are plans to extend the Peer Mentoring Programme.

People who are receiving ongoing support from Birmingham Mind would not be able to take on a role as a Peer Mentor. MH feels that this is discriminatory and believes service users interested in this role should be signposted to other organisations. JB took on board the comments and noted that we have to be careful regarding how we advertise roles within the organisation and as a company, we are very passionate about employing people with lived experience.

There are discussions with the Business Department regarding Peer Mentors having access to Views.

MZ believes a newsletter sent electronically to service users should be considered. AN stated that this has been considered but talking has always been the preferred method of communication.

Jess Brown – Operations Manager.

VAS (Vulnerable Adult Service), previous Support Services.

We now have a wide scope to support people in a holistic way to help people suffering from mental ill health, complex needs and housing needs.

The new criteria are to live in Birmingham and be over 18 with a mental health issue.

It is important to ensure that we are being proactive in getting people support from the correct service.

At the moment there has been a large influx of referrals (30 referrals a day) and so we are using other organisations to help get people the support they need. There is now a central admin team who takes in all referrals and performs a pre-assessment.

JB discussed that we will not turn anyone away and will help get people the support they need.

The referral process time can vary but people in crisis or homeless are prioritised. There is a lot of homelessness and people with eviction risk at the moment. Ideally, staff contact referrals within 48 hours but this



can go to 2 weeks depending on staff levels.

We are in constant contact with our partners including Longhurst to ensure that we are all using capacity effectively.

AN asks if a statistic database could be created for the CIM meeting.

JB will action this. **JZB**

AN asks if a service user could be involved in co-production regarding North Connect. **EM JZB**

Work is being done with the PURE Project and contact has been made with Fircroft College regarding a free digital skills course. If 12 people sign up, they have said that they will run the course over 3 short days. Transport will be arranged from Beechcroft. Names are to be given to JZB. **JZB/AN.**

Service User Conference 2023:

All going to plan at the moment.

AN would like the SMT to agree on the budget regarding the speaker.

AOB:

No other business.

Date and time of next meeting: 18th May – 12pm