

Minutes of a meeting

## Central Improving Mind

8<sup>th</sup> December 2022

### **Present;**

Eileen McCabe (EMcC), Katherine Johnson (KJ), Allison Castell (AC)

Matt Atkins (MA), Sabika Rezavi (SR), Mohammed Zaman (MZ),

### **In attendance;**

John Bristow (JB) Andrew Nicholls (AN) Michaela Butler (MB)

### **Apologies:**

Mero Hassan (MH), Ruth Coates (RC) Michelle Black (MB)

### **Minutes November:**

Agreed subject to Heading IIP should read support our staff not, treat our staff

Replace new outreach service with Intensive Community Outreach Service

### **Matters Arising:**

on Agenda

### **Organisational Updates:**

JB informed the group of the following:

- Investors in People gold standard has been awarded to Birmingham Mind
- Mind National Awards, still awaiting the outcome of 5 excellence awards
- Peer mentors and training, job description etc. The job description had been circulated for Comment. One comment received stated the JD was particularly good.
- Bull Ring Space, several uses were being considered for the area in the Bull Ring.
- Primary care liaison service, Manager to be invited to a future meeting

### **Beechcroft Usage and refurbishment**

- JB informed the group of consultants looking at several buildings owned by Birmingham Mind and their future use.
- JB recognized that people using the recovery service were particularly concerned about the future of the service and activities at the Centre.

*Several questions followed:*

- What input would service users have in the development of any plans with the buildings?

- JB stated that where people lived in the buildings they would be consulted on the plans for their homes
- With Recovery several options were being considered including the Helpline moving to another location

**ACTION JB to ask consultant to attend CIM in the new year.**

**Intensive Community Rehabilitation Service.**

- A partnership working out of GP (General Practitioner) practices in Birmingham., A manager had been appointed Lloyd Parehwa and would be asked to attend CIM in March 2023.
- JB Leaving the organisation in April 2023. JB explained that he would be leaving in 3 months' time and had very much enjoyed the last 12 years with the organization. Members praised JB for his excellent work and his commitment to service user participation.
- Helpline - Michaela Butler attended the meeting and talked about the new service improvement group that she has started with staff and service users at the Helpline with feedback included.
- First meeting 31.10.22 and will meet again in January 2023.
- Several issues were raised and considered including feedback callbacks and follow-ups. Recruitment and working with young people were also raised.
- This was the first meeting and the manager and MZ who is part of the group spoke positively about its future.
- MB was thanked by the meeting for her attendance EMcC had one concern that she raised about calling the center that she will talk about directly with MB.

**AOB**

MZ and AN had been to a residential home to look at ways of supporting participation. The meeting had gone well and would continue in the new year.

**Next Meeting 19<sup>th</sup> January 2023.**