

Proud to
be training
MHFAiders®

 mind Birmingham

MHFA TRAINING



PLANNING

We make training
MHFAiders® easy.
We will guide you
through the
process



DELIVERY

We can deliver
Mental Health First
Aid Training
courses in a setting
to suit you, in
person or online



SUPPORT

We are on hand
throughout the training &
beyond and with the
MHFAiders Support App®
there is lots of support
available

ABOUT THIS TRAINING

Birmingham Mind is able to expertly deliver a range of Mental Health First Aid courses in order for you to understand and explore mental health and what basic steps can be taken to support someone experiencing mental illness and promote positive mental wellbeing and recovery. Find out more at mhfaengland.org

PLACE AND DATE

Online Courses | See our website for dates

Classroom Courses | See our website for dates

Workplace Courses | Contact us to discuss
this option

CONTACT US

 0121 262 3555

 training@birminghammind.org

 www.birminghammind.org

WORKPLACE TRAINING

Birmingham Mind as an employer understands the value of investing in mental wellbeing for all employees. Our experience of over 60 years, means we have developed a range of training and support material to increase people's mental wellbeing in the workplace. We also know the value of supporting employees with mental health issues, to return to employment.



**STAFF MENTAL HEALTH
& WELLBEING COURSES**



**LINE MANAGER
COURSES**



**WORK WITH SCHOOLS,
COLLEGES & COMMUNITY
GROUPS**

We don't receive any funding to deliver our training or workshops, and as such we do have to charge for the training we offer, however any surplus income generated from our Training delivery is invested back into direct service delivery so we can reach and support more people.

Contact us for details of prices and how we can help make your workplace mentally healthy.

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