

HANDSWORTH FESTIVE TIMETABLE

Recovery & Employment Service

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Handsworth Recovery Hub - 0121 262 3540

Timetable runs from 14/12/20 - 04/01/21

FACE-TO-FACE	Day	Time	Contact Details
<i>Christmas Activities in Peer Led Men's Group</i>	<i>Monday</i>	<i>2 - 3:30</i>	<i>Eamon 07734 959 862</i>
<i>Festive Embroidery</i>	<i>Tuesday</i>	<i>1:30 - 3</i>	<i>Kia 07990077653</i>
<i>Gratitude Letter Writing</i>	<i>16th Dec</i>	<i>11-12:30</i>	<i>Elena 07592 371708</i>
<i>Seasonal Song Writing in Music</i>	<i>Wednesday</i>	<i>1:30 - 3</i>	<i>Liz 0799 007 7687</i>
<i>Card Making & Festive Crafts</i>	<i>Thursday</i>	<i>1:30 - 3</i>	<i>Kia 07990077653</i>
<i>Walking Group @ Handsworth Park</i>	<i>Friday</i> <i><u>Not</u> Christmas or New Years Day</i>	<i>12 - 1:30</i>	<i>Adila 07715 960 910</i>
<i>Book Club</i>	<i>Friday</i> <i><u>Not</u> Christmas or New Years Day</i>	<i>2 - 3</i>	<i>Adila 07715 960 910</i>
<i>2 Festive Drop-ins</i>	<i>Christmas Day</i>	<i>10 - 11:30</i>	<i>Eamon 07734 959 862</i>
		<i>12 - 1:30</i>	<i>Adila 07715 960 910</i>

Sessions are limited to 4 people per group so please book onto the sessions **in advance** by calling the lead facilitator or hub number. This is to stay in-line with covid-19 building risk assessments and keep everyone safe.



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Handsworth Recovery Hub online Zoom support sessions. Please contact a staff member to access.

ONLINE	Scheduled Dates	Time	Contact Details
Games & Quizzes in Discussion Group	Mondays	3 - 5	Natasha 07734 959 920
Festive Baking	Tuesday 15 & 22nd Dec	10:30-12:30	Natasha 07734 959 920
Wellbeing & Social Support Drop in	Wednesdays	11 - 12:30	Pam 07734 959866
Coping with Christmas Workshop	Thursday 17 & 24th Dec	11 - 1	Eamon 07734 959 862
Weekly Workshop	Fridays <u>Not</u> Christmas Day or New Years	2 - 4	Kia 07990077653
Festive Drop in	Christmas Day	11 - 1	Elena 07592 371708

Workshops change each week, so ask staff what's coming up this week.

A modern Computer/Smartphone/Tablet is required to access online sessions. We are happy to offer support to get you up and running



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